



## I Want What They're Having: Fictitious Foods in the Real World

By Bianca Smith • March 21, 2018



Do books make you hungry? We don't mean cookbooks. Novels are often filled with characters eating the most delicious things, both real and some just as fictional as the stories. Thanks to all of you on our [facebook page](#), we have discovered your most desired fictitious foods from books, and recipes so you can have them too.

Apologies for those that have to stay fictitious ([The Particular Sadness of Lemon Cake](#)) or are utterly impractical. Maybe it's just us, but wouldn't [James' giant peach](#) rot before you could consume it all?

### Dornish Wine from the [Game of Thrones/A Song of Fire and Ice Series](#)

[Game of Thrones](#) fans will know Dornish wine is named for the Dorne region, just like French wines. Unfortunately (or maybe fortunately) Dorne isn't real, but there are some wine-loving, passionate fans who've worked out what Dornish wine would be like from the geography of the area and what grapes grow where. The team at [Wine Folly](#) think it's a fruit-forward red wine with dried berry flavors. And even better, there's an official [Game of Thrones](#) wine selection. We think [the red blend is the closest to Dornish wine](#). That link is to the winery page, so please respect your local laws for age requirements. And you're not the Hound, so please drink responsibly.

### Jumping Chocolate Frogs from the [Harry Potter Series](#)

Sorry. We just can't get magic working around electronics to make jumping chocolate frogs. But [Muggle chocolate frogs](#) are so easy to make and wizard helpers can join in before they're old enough to get their Hogwarts letters. We love this recipe for authenticity and it's easy, but there are others online that add flavors like peanut butter.

### Butterbeer from the [Harry Potter Series](#)

"Wish we could have brought you some butterbeer, really warms you up." [Like Ron](#), we wish you could warm up with butterbeer, but alas, magic. Here's a recipe for a [chilled butterbeer](#). It's easy to make, and we recommend topping it with whipped cream. Wizards and witches of age can replace the butterscotch syrup with schnapps. As a bonus, because the wizarding world has such delectable foods, here's a [recipe for pumpkin pasties](#).

### Lembas from [The Lord of the Rings Trilogy](#)

The Elvish bread is said to sustain someone for a full day's march. Well, it got the ring to Mordor. The elves generously [shared their recipe](#) for you and adapted it to use ovens and other human cooking appliances. We can't promise it'll last months or sustain you all day, but it is delicious.

### Dauntless Cake from the [Divergent Series](#)

Sure some of the other foods in fiction have their uses, but sometimes you just need cake. "Have a piece of cake for me, all right? The chocolate. It's delicious." If a cake is the thing Beatrice's mom fondly remembers from her time as a Dauntless, then we HAVE to try it. We don't get many details on ingredients, but we're sure [this matches](#).

### Turkish Delight from [The Lion, the Witch, and the Wardrobe](#)

Repeat after us: "Do not eat food from the White Witch." Many are surprised to discover Turkish delight is an actual sweet in the real world. It's a Middle Eastern confectionary essentially made of gelatin, water, sugar, and flavored with rosewater. British candy stores may have a bar that's covered in chocolate with only a passing resemblance to the original. We have a [recipe here](#) for you. It's a little tricky though so if you see Turkish delight at a Middle Eastern grocery store while you're getting rosewater, it's probably easier just to buy it. And please don't betray your family.

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Books mentioned in this article

The Particular Sadness of Lemon Cake

AIMEE BENDER

The Particular Sadness of Aimee Bender from: **\$3.99**

ROALD DAHL

JAMES and the GIANT PEACH

James and the Giant Peach Roald Dahl from: **\$3.59**

GEORGE R.R. MARTIN

A GAME OF THRONES

A Game of Thrones George R.R. Martin from: **\$3.59**

HARRY POTTER and the PRISONER OF AZKABAN

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Harry Potter and the Prisoner of J.K. Rowling from: **\$3.99**

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